* DAILY MAGAZINE PAGES FOR EVERYBODY*

Means &

By WINIFRED BLACK.



THE doctor told me all about it yesterday, the Middle-aged Mania. "Every man in the world has decent enough to keep their heads comparatively steady, and some manage to get through the worst phases of them without letting any one know what's happening. But most men, when they get to be forty, are in line for an attack, and a violent, vicious attack, of the Middle-aged Mania. It comes on any-where between forty and fifty, and it has ruined more lives and broken up more homes than any other form of insanity in the world-for it is a form of

insanity, nothing more and nothing less. "I had it when I was forty-two," The doctor took off his nose glasses, hung them on his thumb and forefinger, leaned back in his chair, and told me all about it.

said the doctor, "with the girl who worked in my labora-She came up from the lower part of the town every day, and she wore now were the most outrageous clothes. She was little and at and broad in the beam; she had a muddy skin, dreadful hands with sausages, and large, soulful eyes. There was a strange and inting perfume about her that fairly intoxicated me. When I came out of delirium I found that that perfume was made up of garlic, the smell of king, old clothes, and various other like ingredients. 'I didn't know a thing except that I was in love with that girl. I fol-

ed her around like a dog. Her words were to me the inspired utterance of ophet. Her stup dity I took for a kind of noble calm; her animal brutality nterpreted to mean the great primal forces working in a great primal na-When she are with her knife I called her my cave woman and wished

to appeal to my sense of honor, to my sense of justice, "I was a man, I told myself-a dominant male, and I was ruling my own

in my own way, and I swaggered and strutted and bragged and made an clute and complete idiot of myself for all the world to see. My poor wife almost died; it wasn't funny to her, it was a tragedy

'Don't grieve over this,' he told my wife, 'the poor fellow is crazy, that's he can't help it-any more than he could help the measles. Just humor

as on every word she utters. When you get so mad you can't stand it her minute come to me and explode." "They had the girl to dinner, and two or three times during the meal ebody at the table would have to get up and go into the other room-to

in his delusions; ask the girl to dinher; don't scold him when he sits and

My attack lasted over a year; the last symptom was the most terrible of the whole thing. I hated my wife. She stood between me and my red one. So I wouldn't live in the house with her. I wouldn't tolerate the panionship of one so sordid and so lost to all understanding of true

And then, one day-I awoke. The girl said something to me about my She had said worse things-but this time it was different.

"And home I went, and my wife was there to meet me, bless her faithful eart. And since that day we have never known an hour's unhappiness." When the doctor had gone I thought about what he had said,

The Middle-aged Mania-was that what made the man I know fall in love th a slab-sided, loose-jointed, absolutely unattractive young person who worked in the office with him? He wrote her poetry, and he wrote her love letters; and finally he forced his wife, his good, faithful, loving little wife, to divorce him and take his three children and go away. He couldn't bear the sight of her, he said-and he seemed to love to say it.

But he was not a particularly well-to-do man, and the slab-sided girl had citions of her own; and when she found that she could marry the man she wanted to, she didn't want to, and he came to out of his Middle-aged via and married his wife again, and they have been happy and contented

I'm glad my friend, the doctor, told me about the Middle-aged Mania. h he would sign up an engagement with the Chautauquas and go through country and tell his story from coast to coast I believe it is more needed than any information on radium or on the true

thod of the treatment of hydrophobia. (Copyright, 1914, Newspaper Feature Service, Inc.)

Buying by the Food Unit

It Differs From Buying by the Pound or the Dozen Because it Considers the Waste Products

By MRS. CHRISTINE FREDERICK.

pound, are actually less expensive

because their preparation does not involve so much waste. For instance, mushrooms to some women seem a great extravagance, but their waste is almost nothing. Similarly, which waste is almost nothing.

larly, endive at 20 cents a pound is often considered a luxury, whereas a half pound of it with no waste goes further than a 10-cent head of lettuce when a number of the outer

This matter of waste is most im-

portant in buying fish. We frequently err in thinking that the

quently err in thinking that the cheapest hish is the most economical, and that haddock at 12 cents a pound is less expensive than halibut at 25 cents, but if we were to weigh the head, bones, and waste tissue of the haddock (about 40 per cent, we would find that the real amount of nutriment left after the waste had been removed was costing us about as much per pound as the halibut, which has practically no refuse.

The waste of many of our common feods is very great, as seen from the following table:

Per cent of waste in some com-

It is, therefore, well for the house-wife to consider the per cent of waste in any product that she buys,

waste in any product that she buys, and to compare the price of the amount of nutriment left with the price of some similar amount of nu-triment in some of the food, to see if a cheap food may not prove actually dear and many apparently cheap foods extravarant Copyright 1914, by Mrs. Christian Frederick

We Buy Your Old Feathers

leaves are removed.

the following table

orter house steak,

mon foods:

Ribs of beef .. Veal (breast)

Shad (whole)

Reets

Chicken throflers

O you practice the new buying and the new marketing? In a certain high school last year experiments were arried on by a group of high school students which were given a certain um of money with which to purhase the food supplies for a given amily for a week. The same sum of money was given to several ousekeepers, and the results com-

It is interesting to note that the high school girls got the better of us housekeepers because they bought by the food unit, and not merely by so many pounds or so many dozens. This meant that before buying a piece of meat or a bunch of vegetables the girl determined how much nutriment she would get from that piece of meat or from those vegetables in comparison with some other piece of meat or some other kind of vege-

New a side issue of this whole lew idea in marketing can be found in the question, "What per cent of waste is in the foods we buy?" We in the question, "What per cent of waste is in the foods we huy?" We think that chicken is 21 cents per pound and that peas are 20 cents a guart, but do we stop to consider how much even this high price is increased when we estimate the "waste" of these particular foods? Take the entrails, hones, and the fot away from our chicken and weigh the actual edible part, and we will find that a three and a haif pound chicken (with a waste of 41 per cent) does not cost 84 cents, but \$1.18; not 24 cents a pound, but 34 cents a pound, And the peas will cost more hearly 40 cents a quart when the waste of the shells is estimated.

Through a desire for economy we may feel that short ribs of beef at 18 cents a pound are very economical, or that the turnip is a cheap vegetable; but when the waste and refuse of bone and gristle in one case tabout 29 per cent) and parines and tops in the other (29 per cent) is considered, the actual amount of substance that can be eaten will be found to cost considerably more per pound. Similarly a roast of lamb, which we now buy with its long bone and its netted fat, costs even more than the 20 cents per pound asked for.

The point is this: That in our purchasing we should consider the per cent of waste compared with the amount of actual nutriment which the food offers when the waste is removed.

the food offers when the waste is re-On this basis some foods, which

epparently are more expensive per

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What 'Middle-Aged Mania' Says Women's Fashions Are Advice > Cause of Man's Immorality

Washington Pastor Asserts That Modern Costumes Are Designed to Be Ostentatious, Suggestive, and Vulgar.

The Remedy, He Declares, Is Abandonment of "Incongruous" Parisian Styles for Befitting American Kind.



pastor of the Gunton-Temple Memorial Church, in a series of epigrammatic and salient remarks, heavily scores the American woman and her modern dress as a cause for immorality. Believing that the discussion of

questions of the day is the duty of the pastor of his flock, he has taken a Quixotic stand against the incongruity and wickedness of modern fashions. He denounces clearly and brilliantly not only the fact that the modern woman dresses in a vulgar, sinful, and ostentatious manner, but blames the designers of modern costumes for the devastating effect upon the morals of the man of today. The cure, he states, is American styles, designed and worn by American women.

By FLORENCE E. YODER.

"Fashion has always been a vital issue," he said today in an interview, "but the question assumes more importance today than ever before. It has become one of the serious problems of the day."

Fearlessness, sincerity, and poignancy mark every statement of the Rev. Granger. Backed by the courage of his convictions, his eyes flashing with intense interest in his subject, he stated that they were designed with a wilful Intent; that the mental photographs on the minds of young men did terrible damage to their morals, and that the parent should insist upon the decent appearance of the daughter of the

"Why do young men stand in groups and crowds at the Treasury, and on the street corners?" he continued. 'To get a glimpse of the young woman climbing on the street cars. They have the opportunity to see costumes which were formerly designed only for the theater or the home flaunted on the streets by the daughters of respectable parents.

Parents To Blame.

"These very parents are largely to blame. Surely they could make a change in the state of affairs if they took the proper stand. The mother should not encourage by a bad example, and the father should look with the utmost disapproval on any vulgar display of her charms by his

Is the fault entirely with the young girl, and does she know what she is doing?" I asked. she is doing?" I asked.

She does know," he answered, "but she does not realize. Take this concrete example. I stood on the corner recently and watched a young girl who was waiting for a car. Sho stood so that a trim ankle and well-shod foot were to be plainly seen because of the slit in her skirt. Glanedown she admired the effect, shifted her position a little, and then stood, pretending to be inconscious of the mile pedestrians who turned to look. She was not unconscious, but one She was not unconscious, but one look at her face was enough to convince me that she did not realize the effect. I have not forgotten that picture. Have the other men who

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Suggestiveness-that is the slogan modern dress.

"Everyone else does it, it seems to be the thing, why should not she! She cannot gauge the incongruity of her furs, her spring hat, and her low pumps, her exposed neck, and the chill blasts of the spring wind. Who will awaken her to this incongruity? Her par-

"But does not the question go fur-

"There lies the real blame." He went immediately to the root of the matter with the same characteristic directness with which he had delivered his other statements.

Standards Different.

'Clothing for American women is designed by a set of men of another country, largely, who plan their clothing for a different social order of women. The standard of morals here in America is radically different from that of other countries with perhaps the exception of England. Why should the styles which the French male and female dressmakers design for the smart world of Paris, a world whose morals are far different from ours, be grafted upon the pure young women of this country? And they are grafted on. Therefore, the incongruity."

"What we need," he continued forcefully, "is the American style designed by and for the American woman. It will sult her morals, her constitution, and her climatic conditions. This wildness for the new thing, this anticly atory state. this wearing of felt hats in August, and straw bounets in February and March she looses the pleasure from the change of seasons by not carbing it.

"Why should I not speak of these things, especially when the present condition is a vile reflection upon the woman of America? Man is generally conceded to have been the



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ognized worth that has

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lustful creature, but does not this craving afteh the extreme, the nude, the incongruous, the suggestive, stamp the woman as the more lustful of the two? I tell you-the grafted styles, the imported fashfons instigated by a faster living world of foreign countries, have cre-

CORNERS WATCHING GIRLS

BOARD THE CARS

ated a lustful mind in society. I said created, and I mean it."
"The standard of morals in America is naturally high, superior to that of other countries, and is all the more reason why American designers should make their own styles for their own people, thereby saving their younger generation from the brand of immorality."

With the Bark On

Imitation imitation is the most palpa-

Hard work counts even on an easy

The room at the top is popular only

when the elevator is running.

Some imaginary things do not exist, but imaginary troubles are real.

It is easy to find fault that has never It is the peacemaker, not the pace-

maker, who is blessed. Suspicion is not worse than certainty

o the one who is suspected.

The man who cannot obey ought not

If it were unfashionable to be fashenable, fashion would soon be out of

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annie Laurie

Dear Miss Laurie:

I have had to quarrel with my friend, and really there is no reason for the quarrel. I was standing taiking to another friend of mine when he came up to us and said the most insulting things he could say for no reason whatever. What do you think of a fellow like that? Do you suppose he is jealous or what is the matter? Do you think I should write and ask him what is the matter or just let him stay mad?

ENQUIRER.

TIE up your hair on the tippy top of your head and tie it good and strong, little Enquirer. Tie up you trotty boots and go somewhere and have the finest dance you know. Sing, too, and shout for joy, for you are well rid and easily rid of the unbearable nulsance-for that's what the sensitive person al-

Ways is.

What do I think of a fellow like that? Why, I think he's an impossible person, that's all, and a very rude and unpleasant one at that. If he's going to act like this before you're even formally engaged to him, what on earth would he do if you were married to him?

He'd have you locked up somewhere

He'd have you locked up somewhere like a criminal and carry a stick to beat you into submission as if you were just a dog or some other sort of

Let your cave man go, little sister, back into his cave. He'll find some poor half-wit to go with him and live more cowed and terrified and trying to make herself believe that she is happy. You keep away from him and see that he keeps away from you—far, far away. There is such a thing as a relicement you know and one of the policeman, you know, and one of the things a policeman is for is to take charge of just such people as that. The policeman is used to it; he ar-rests two or three dozen of them

The next time the cave man tries to speak to you, pretend that you don't even see him. If he persists, tell him quite calmly that you do not like him and that you find him a great nuisance, and if he annoys you again you will call upon the police to protect

if so, isn't it natural that it should lower her in his? Without thinking lower her in his? Without thinking very much about it, or knowing just why. I think both a boy and a girl realize instinctively that a kiss can be a sacred thing, the source of a very and throws the discus more skillfully, and throws the discus more skillfully, manent cure for superfluous hair on

nonsense.

Be friends with the boys, have lots of fun with them, and when the right one comes along, you will not have to fret about his affections. They'll be yours, and the fast girls won't have any attractions for him. The truth of the matter is that most boys don't like fast girls, but think it looks big for them to pretend they do.

Secrets of Health and Happiness

Impulse to Healthy Life Strongest in May Days

By Dr. LEONARD KEENE HIRSHBERG

A. B., M. A., M. D. (Johns Hopkins)

INTER is once more cradled in the third floor back. May, new born, leaps soon into oriental splendor from April's lap. Radiant with youth, voluptuous in her golden glow, sweet May will wave her magic charms over all.

Sobbing April, with her inflammatory fevers, her humid aches and pains, will be no more. The healthful bridal paths of June are soon to be trod.

Among the changing months, which turn a man's head and a maid's health, May stands confessed the sweetest and the healthfulest. Daisies peep from every field and violets yield their happy odors. Purple blossoms paint the thorns, lads tan and lassies blush.

The slow, sleep, housed-up human inhabitant of the DR. HIKSHHERG. earth emerges like the bear, the insect and the ground-hog from the stuffy, germ-ridden winter home. He frees himself from the closely packed multitules, the stale air of indoors, the steam-heated, coal-laden atmosphere and hies him forth, to pastures green and open in sun-splashed air.

The day's harbinger, the morning star, left me with a curious "pouring out" tangoes from the eastern blue to lead the flowers of May across the green sward. Golden cowsilps, pretty primsward. Golden cowslips, pretty prim-

May is the birthday of physical well being. Teeming vigor, masculine bar-barity and girlish modesty were all born being. Teeming vigor, masculine bar-barity and girlish modesty were all born in May. The very air is redolent with the perfumes so enticing to youtiss of both sexes. Rainbow showers, crimson K. Hirrhberg, care this office. in May. The very air is redolent with both sexes. Rainbow showers, crimso blossoms, blue buds and white woodbin

fairly dazzle the healthful senses.

Why does order and perfection rule anew in May? How does n come about that the senses take in the world's ob

fusion, than their elders.

-The stirring physical stimulation and tonic which courses violently in your

Dear Bess and Bab:

It isn't a crime for a girl to let a boy k'ee her all the time, but doesn't it lower her in her own estimation? And if so, isn't it natural that it should senses of color fragrance tone follows: ter physically, all the sounder in your senses of color, fragrance, tone, feelings

deep joy, and that promisenous kissing spoils it for always.

Wait till there is real love behind it, and don't waste your kisses on foolish boys while you are too young to even know what love is. Incidentally, don't worry your heads about "winning the affections" of any boys, fast or slow. You are too young for such nonsense.

more longingly, the athlete runs, jumps and throws the discus more skillfully, maner face.

Mrs. Mars. Mors. Mors. delicitude and throws the discus more skillfully, the laborer works more efficiently now than at other seasons because the Maytime elixir of youth is in his blood.

Mating and loving, the beating of two healthful souls with but a single, flowery thought are the characteristic impulses of May.

Dr. Copyright, 184, Newspaper Feature Service, tions

Answers to Health Questions

(Copyright, 1914, Newspaper Feature Service, Inc.)

Miss Laurie will welcome letters of inquiry on subjects of feminine interest from young women readers of this paper and will reply to them in these columns. They should be addressed to her care of this office.

beat you into submission as if you were just a dog or some other sort of slave to him.

He isn't civilized. Maybe he can read or write, but that's just about as far as civilization has struck in with him.

Let your cave man go, little sister, back into his cave. He'll find some warm of the birthday of physical well

Evidently this was not a very serious operation and you have allowed it to dwell too long in your thoughts. Have your eyes exemined by a good oculist and do exactly as he advises. The correct glasses will do away with your code feeling.

Mrs. R. D.—My baby's eyes water and dark brown matter forms in the corner. I drop breast milk in them.

anew in May? How does n come about that the senses take in the world's objects and the product of human thought is greater and purer at this time of the year than at other times?

Plainly the answer lies in the observation that children see more clearly and with more accuracy, as well as less confusion, than their elders.

The stirring physical stimulation and the sense take in the world advised you to do such a pernicious thing as to drop breast milk into such a delicate structure as the eye? Stop it at once. Put two drops of a 10 per cent solution of argyrol in the eyes and bathe them with boracic acid water. If not well quickly, go to the eye clinic.

2. Your other question has "yes" as the answer.

A. T. R.—What can I do for enlarged pores on my nose, and blackheads?

If the blackheads are removed by glycerine, and washed twice a day with peroxide, the pores will gradually scar up. Success often follows picking the pores with a sterilized needle and then

Mrs. M. J. V.-Kindly publish a per-manent cure for superfluous hair on the

Use a shaving powder made of barum sulphide. It is rubbed on the skin for one minute only once a week.

Dr. Hirshberg will answer questions for readers of this paper on medical, hygienic, and sanitation subjects that are of general interest. He will not undertake to prescribe or offer advice for individual cases. Where the subject is not of S. T. V.—You say that linens and general interest letters will be answered personally if a sta addressed envelope is enclosed. Address all inquiries to Dr. L. K. Hirshberg, care this office.

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